

Sample Plan for XC Invitational

Note: This is an example plan for a large invitational that traditionally would be conducted in a single day but because of OHA restrictions on gathering size was modified into a two day event to meet those restrictions. The basic guidelines below apply to any size of XC event.

Oregon Health Authority Guidelines as of 9/16 that would apply to these types of events	<p>Participants and Attendees:</p> <ul style="list-style-type: none">• Wear a mask, face shield, or face covering, including when actively participating in an outdoor sport when six (6) feet of physical distance cannot be maintained.• Maintain physical distance of at least six (6) feet per person, except that members of the same teams (cohorts) can participate in activities/stand in line together without staying six (6) feet apart as long as all members of the team are wearing face covering.• Assign designated areas for managers and coaches, when not practicing/playing, to ensure they can maintain physical distance.• Prohibit staff and players who have any symptoms of COVID-19 from entering the premises or sporting location.• Prohibit people in different teams from congregating in any area of the facility, both indoor and outdoor, including in parking lots. <p>Facilities Related:</p> <ul style="list-style-type: none">• For phase 2 counties the maximum capacity for gatherings is: 100 people indoors - 250 people outdoors• Assign a physical distancing monitor to ensure compliance with all distancing requirements, including at entrances, exits, restrooms and any other area where people may congregate. 1 monitor per 50 people.• Use touchless or cashless payment options, and scan tickets without contact with attendees.• Route foot traffic in a one-way direction to minimize close contact between attendees. Post signs for one-way walking routes to attractions, if feasible.• Assign at least one sanitation attendant whose sole duties are to frequently clean and disinfect work areas, high-traffic areas, and commonly touched surfaces in areas accessed by workers and attendees/participants.• Assign at least one sanitation attendant whose sole duties are to clean restrooms hourly during the event, and ensure adequate sanitary supplies (e.g., soap, toilet paper, 60- 95% alcohol content hand sanitizer) during all events.• Stagger arrival and departure times for staff, players and spectators to minimize congregating at entrances, exits and restrooms to follow required physical distancing requirements.• Provide separate entrances/exits for staff, players and spectators.• Provide handwashing stations or hand sanitizer (60-95% alcohol content) throughout the facility for employees and attendees/participants to use.• Post signs that clearly list COVID-19 symptoms, direct employees and attendees/participants with symptoms to stay or return home and list who to contact if they need assistance.• Post signs to require physical distancing throughout facility, including but not limited to reception areas, eating areas and near bathrooms.
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Team Parking	Each team will have designated parking location. Each parking location will have its own porta potty. Team parking will need to be located near Team Entry/Exit. Event staff will need to clean these between any multiple session schedule.		
Team Entry/Exit Procedures	Teams will enter and exit as a cohort. COVID-19 screening procedures will be completed on any individual entering the team gate. Event staff will conduct screening procedures. After each race, athletes will report directly to designated team area – once all team members have completed the race and reported to designated team area they will exit as a group directly to the team parking area.		
Team Areas	All teams will have a designated area inside the facility that will pre-assigned. This team area is restricted to the cohorts only and will be available to teams before and directly after the race. Timeframe is dependent on adopted schedule. Teams will be clerked from the team area directly to the start line. Event staff will need to supervise team areas during the event.		
Spectator Parking	Spectator parking should be separate and distinct from team parking. Signage reminding attendees about required physical distancing and other COVID procedures is required throughout the facility.		
Spectator Entry Procedures	A single entry point will be established for spectators. Signage reminding attendees about required physical distancing and handwashing stations or hand sanitizer (60-95% alcohol content) must be posted throughout the facility. Touchless or cashless payment options will be used to limit contact.		
Packet Pickup	Team packets will be distributed when teams arrive at designated team parking areas. Packets will not be available prior to this time.		
Clerking Procedures	Teams/Individuals will be clerked incrementally from their designated team area to the start based on the adopted race schedule.		
Race Schedule *Could be adjusted if maximum gathering size limitations change	Single Facility Two Day Event	Day 1 Race 1 - 9:30am (Arrive 8:45 – Out by 10:30) Race 2 - 11:30am (Arrive 10:45 – Out by 12:30) Race 3 - 1:30pm (Arrive 12:45 – Out by 2:30) Race 4 – 3:30pm (Arrive 2:45 – Out by 4:30) Race 5 – 5:30pm (Arrive 4:45 – Out by 6:30)	Day 2 Race 1 - 11:30am (Arrive 10:45 – Out by 12:30) Race 2 - 1:30pm (Arrive 12:45 – Out by 2:30) Race 3 – 3:30pm (Arrive 2:45 – Out by 4:30) Race 4 – 5:30pm (Arrive 4:45 – Out by 6:30)

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Starting Line	Same team members may be placed in a starting box – team boxes should be separated by at least 6' and each box should have a dedicated runout of at least 150M before merging with other teams.
Finish Line	Participants exit directly to designated team area after completing the race.
Awards	No awards ceremony at the site – awards will be mailed to schools after the event.